# **Students' Council**

Chairman : Dr AK Shukla
Officer In-charge : Dr SatishKumar
General Secretary : MrAmey Jokar

Council Coordinator : Mr Dhiraj Vishwasrao

Event/Post Officer Incharge Student Incharge

Cultural Dr Kanchan Mohod Ms Sakshi Shukla & MrKunal Karwa

Sports Dr Manish Jain Ms Avni Tambi & Mr Omkar N Patil

NSS Dr Chetna Maliye Ms Melissa Jamgade Literary Dr Manisha Atram Ms Mansi Bhalme Magazine Dr Sonia Jain Mr Vinayak Panpatte

Research Dr Subodh Gupta Ms Rhea Aggarwal & Mr Niraj Agrawal

Ladies Representatives Ms Akangksha Pataskar & Ms Hemani Gothwal

PTI Mr GP Bhoware

#### **Cultural Activities:**

The first event organized by the Students' Council was Maharashtra Day, called 'SAHYADRI'. The event was a mixture of folk songs, a skit on the life of Chhatrapati Shivaji Maharaja and also a Dhol-Tasha performance which featured 60-80 members of a local enthusiastic troop. The event also had many dance performances that had our very own UG students of 2019 and 2020 batch.

Following this, the cultural year progressed with the celebration of Janmashtami, where we worshipped Lord Krishna at night in our respective hostels, while on the subsequent day, Dahi handi and Mahabhoj was organized with great zeal.

The preparations for Ganesh Festival "AGRAGANYAYA" began soon after with great enthusiasm. It was a four daylong celebration. On day one there was Sthapana of the Ganesh idol in a pandal in front of the boy's hostel mess in the morning in the presence of Dean. In the

evening a Garba Night was organized where all students had a fun filled night of dancing and good music. On Day 2, a Bollywood themed event where everybody dressed up as their favourite Bollywood character and a small ramp walk was conducted, which was followed by some games like tambola, etc. On Day 3, a small cultural program was organized, where students danced to the tunes of Bappa, this was preceded by a treasure hunt competition, where clues were hidden all over campus and the students had formed groups and searched through the campus decoding the clues. On Day 4, the final day of the event the final aarti was followed by Visarjan of the Ganesha idol and Mahaprasad in the boys hostel mess.

Annual social gathering, "UMANG 2023" took place in the New Auditorium on 5th and 6th of April. We witnessed a cultural event like never before. The entire program was a beautiful blend of various cultures, values and interests that the students hold. The performances ranged from various classical numbers like the enactment of

Mahabharata, and a musical showcasing the sacrifices and life of our brave Indian soldiers. Issues like mental health and patriarchy were touched through fashion shows and sensitive topics like the journey of a father and daughter were also acted out. Folk dances that descended from all the corners of India found their place on stage, ranging from Rajasthani, to the Punjabi dance -Bhangra and also the Oscar wining song Natu Natu along with a power packed South Indian dance were showcased. We also witnessed the very popular KPop culture and two dance offs, one between Govinda and Salman fans and the other between different types of Indian Weddings. We saw the wonders of planets and the magic of astrology mesmerizing the stage with beautiful costumes and one can not forget the melodies that filled the air via the instrumental band and our inhouse band "Sargam", and the almost hypnotizing Tabla quadruple. Darkness did not stop the performances as our students performed UV and Silhouette dance. From the junior most 2022 batch to the outgoing 2017 batch, each left a mark on the stage. The two day event ended with the musical night "TARANG" which left all of us dancing and with a million memories.

The cultural year came to an end with the last event of the year, the FETE, on 8th April. Students from all UG batches put up unique and fun stalls ranging from food and mocktails to games and gifts stall. This year we had a lucky draw and plant themed stall too. However the most loved stall like always were the Dedication and Rose stalls, that saw the most amount of participants. A special shout out to the art stall, that featured glow in the dark tattoos and the most beautiful artworks by our very own talented people of MGIMS. The event was thoroughly enjoyed by all students and faculty members.

# **Literary Activities:**

Gandhi Jayanti and International Non-violence Day was celebrated on 2nd October 2022 at 9:30 am in the college's Old Auditorium. The student council organized a Poster and Elocution competition for the students of Kasturba Vidya Mandir, Kasturba Nursing School, Kasturba Nursing College & MGIMS. The theme for the event was "Be the Change you want to see in the World." There was an enthusiastic participation of the students and Faculty members.

Literary Day was celebrated on 7th April 2023. Students

of all batches actively participate in a number of literary events. The on stage events included Spellbee, Word pronunciation, Quiz, poetry/Shayari recitation, Pictionary and Tabla performance. Miss. MansiBhalme and Miss Alisha Jadhav conducted the rounds, with the supports of other members of Students Council.

#### Sushruta

This year's Sushruta magazine (47th edition) was released online with the theme 'End is the new beginning) featuring a diverse array of content, including thought-provoking essays, stunning photography, and beautiful artwork. We are proud of the incredible range of talent that is showcased in this year's magazine and it will inspire others to pursue their own creative passions.

# **Sports**

This year MUHS, Nashik has recognized our Institute for holding a Nagpur Zone Sports Tournaments and Lawn Tennis Selection Trials of MUHS. This year three students were selected in MUHS, Nashik team and got colours. They participated in All India and State level Inter University Sports Tournaments. Ms. Surbhi Meru, 2020 batch, Lawn Tennis at ITM, University, Gwalior, MP.Mr. Vidwat Vijay, 2019 batch, Lawn Tennis at Mumbai University, Mumbai.Ms. Avni Tambi, 2019 batch, Athletics (200 mt.) at Kridamahotsav, Dr. Babasaheb Ambedkar Marathwada Univercity, Cha. Sambhajinagar.

Mr Girish Bhoware, Director, Physical Education was selected as Coach cum Team Manager of MUHS, Nasik Table Tennis Team for All India West Zone Inter University tournament at Rajiv Gandhi Prodyogik University, Bhopal.MUHS, Nashik also entrusted following responsibilities to Mr Girish Bhoware, Secretary of MUHS, Nasik Board of Student Welfare Vidarbha Zone, Member of MUHS, Nasik Selection Committee for Yoga, Member of MUHS, Nasik Selection Committee for Basketball, Coordinator of MUHS, Nasik Vidarbha Zone Sports Tournament.

#### **NSS Activities:**

## **Regular NSS Activities:**

# **Blood Donation:**

On June 14, 2023, in observance of "World Blood Donor Day," a blood donation camp wasorganized. The students willingly volunteered to donate blood. They also stand as a volunteer during emergency situations such as malaria and dengue epidemics, as well as for routine blood donation camps. This act of selflessness demonstrated their commitment to serving the community.

#### **Tree Plantation:**

To contribute to environmental sustainability, the students actively participated in tree plantation drives. They understood the significance of afforestation in mitigating climate change and improving the overall ecological balance. Planting saplings in and around the college campus helped create a greener environment.

# **Cleaning Campaigns:**

Recognizing the importance of cleanliness, the students organized a cleanliness drive on 12th November, 2022. The students from the 2020 and 2021 batches undertook the cleaning of the auditorium road, a popular area frequented by students for leisure and exercise. They collected plastic waste and, in collaboration with the management, installed four large dustbins to discourage littering and ensure a cleaner environment for everyone.

## **Special Camp Activities:**

## **Social Service Camp:**

The students of MGIMS adopt a village and spend a fortnight engaging with the community and understanding their socio-demographic, dietary, and health conditions. They make regular visits to their adopted families, conduct appraisals, and offer support in various aspects. Monthly follow-up visits are conducted to monitor progress and address any ongoing needs. The students also initiate improvement projects related to sanitation, drinking water, nutrition, hygiene, etc.

# **Breast feeding Campaign:**

In support of breastfeeding awareness, the students of the 2020 and 2021 batches visited the village of Bankheda on August 6, 2022, during the World Breastfeeding Week. They aimed to educate the community about the importance of breastfeeding and correct practices. The students visited households with infants, engaged in conversations to understand their feeding practices, and provided guidance where necessary. Additionally, a street play was conducted to highlight the significance of breastfeeding and promote proper techniques.